



# Huron Perth and Area Ontario Health Team

## Patient/Family/Caregiver Recruitment Guide

Latest version: July 2022

# Welcome to the Huron Perth and Area Ontario Health Team!

Thank you for your interest in the Huron Perth and Area Ontario Health Team!

This form is an intake form to learn more about opportunities for patients, families and caregivers to get involved with the Huron Perth and Area Ontario Health Team (HPA-OHT).

- Pages 2-4 include background information regarding what is an Ontario Health Team, our members, and opportunities for involvement.
- Pages 5 include an intake form if you are interested in getting involved.

**At any time, please don't hesitate to reach out if you have any questions:**  
[oh@hpaoh.ca](mailto:oh@hpaoh.ca)

## What is an Ontario Health Team?

**Ontario Health Teams are groups of providers and organizations that are clinically and fiscally accountable for delivering a full and coordinated continuum of care to a defined geographic population.**

Under the Ontario Health Team model, patients, families, caregivers, and health care providers will more actively shape how local health care services are delivered and managed. The approach will make it easier for local health care providers to partner and deliver high-quality, coordinated care for their patients and their communities.

## Our Members

Since 2019, the HPA-OHT is made up of a number of members from various health sectors, including:

- Community Support Services
- Emergency Medical Services
- Home Care
- Hospitals
- Long-Term Care
- Mental Health and Addiction

[www.hpaoh.ca](http://www.hpaoh.ca)

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- Midwifery Services
- Palliative
- Patient/Client Partners
- Primary Care Teams and Providers

## Our Vision

A sustainable people-driven system that strives to provide a positive experience for all.

## Our Commitments

- We will embrace change to enrich the lives of citizens and put community health outcomes first
- We will create relationships based on trust and commit organizational resources towards collective improvement
- We will deliver evidence-based, fiscally responsible and sustainable care
- We will pursue opportunities to eliminate gaps, duplication and provide optimal care
- People will partner together for effective decision-making

## Our Target Populations

The Huron Perth and Area Ontario Health Team will continue to provide full care to the over 147,500+ residents in our catchment area and to start, will work together to strengthen efforts around the following three target populations:

- [Mental Health and Addictions](#)
- [Congestive Heart Failure](#)
- [Infection Prevention and Control](#)

In years to come, the Ontario Health Team will advance work on various health related projects, will partner with numerous community organizations and tackle the various changes to the healthcare system that come our way.

## Want to learn more?

- [www.hpaoht.ca](http://www.hpaoht.ca) or [omt@hpaoht.ca](mailto:omt@hpaoht.ca)

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## Join Us

In 2021, the HPA-OHT Patient Family and Caregiver Advisory Council developed a Framework to strengthen engagement with patients, families and caregivers: [HPA-OHT-Patient-Family-Caregiver-Network-Framework-Approved-FINAL.pdf \(hpaohht.ca\)](https://hpaohht.ca/HPA-OHT-Patient-Family-Caregiver-Network-Framework-Approved-FINAL.pdf)

There are a number of focus areas that may be of interest to you, they are:

- Digital Advisory Group
- Communications Working Group
- Integrated Decision Support/ Decision Support
- Diversity, Equity, and Inclusion
- System Navigation
- Project – Mental Health and Addiction
- Project – Congestive Heart Failure
- Project – Infection Prevention and Control

### **These roles may require the following;**

- **Up to 30** hours a year of time.
- In-person or virtual meeting participation during regular business hours.
- Reading, co-writing and reviewing documents.
- Digital work may require:
  - Engaging via phone, email or online,
  - This work is virtual and can be done anytime of the day, allows for flexibility.
  - There may be an in-person meeting or events.
- Engage at your convenience in your personal and/or work life, offers a connection to patients who are experiencing vulnerabilities. (e.g. impact story sharing)

[www.hpaohht.ca](http://www.hpaohht.ca)

✉ [ohht@hpaohht.ca](mailto:ohht@hpaohht.ca)

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## Huron Perth & Area Ontario Health Team (HPA-OHT) Patient/Family/caregiver Inquiry Form

**Who should complete this form?** Anyone interested in getting involved with the Huron Perth and Area Ontario Health Team

Legal Name:

What is the name you go by, if different from above:

Phonetic Pronunciation (if applicable):

What is Your Gender? \_\_\_\_\_

What Pronouns Do You Use (check all that apply):

- a. She/Her/Hers
- b. They/Them/Theirs
- c. He/Him/His
- d. Fill in the Blank: \_\_\_\_\_

Phone:

Mobile Phone:

Email

Preferred contact method:

- Email
- Home/Work Phone
- Mobile Phone
- Text

Age Range:

- a. 13-29
- b. 30 – 44
- c. 45- 55
- d. 56- 65
- e. over 70 years of age

Region: Huron, Perth, Stratford, Other

1. When was your last contact with the health care system?
  - a. 3 months or less
  - b. Between 4 months to one year
  - c. Over one year ago
  
2. Interest areas for participation (identify all that apply):
  - a. Committee Work; in-person/virtual meetings

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- b. Writing; documents, briefings, articles, etc
  - c. Anti-Racism, Diversity, Equity and Inclusion
  - d. Impact Stories
  - e. Digital/Technology
  - f. Graphic design
  - g. Communications
  - h. Administration
  - i. Social Determinants of Health
  - j. Public Relations
  - k. Health; Heart Failure, Mental Health, Addictions, Infection Prevention and Control
3. Time availability
  - a. Under 3 hours a month
  - b. 3-5 hours a month
  - c. Over 5 hours a month
4. What has sparked your interest in our local Ontario Health Team? Why would you like to become a patient/family/caregiver voice?
5. Tell us about you? (e.g. are you a student, a grand parent, volunteer work, what are your hobbies, skills, experiences, do you travel, etc)
6. Do you have access to a computer, tablet or smart phone?

## Huron Perth & Area Ontario Health Team (HPA-OHT) Patient/Family/Caregiver Participation Process

### Phase One:

1. Complete **Inquiry Form.**
2. A Patient/Family/Caregiver Committee Member will **contact** you and discuss next steps.
3. Meet with Patient/Family/Caregiver Committee Member for a **Conversation:** Getting to Know You.
4. **Notification** of Participation (letter)

### Phase Two:

5. Follow up contact with a Patient/Family/Caregiver Committee Member
6. Provide a **biography**/About Me communication
7. Meet your **mentor**, if applicable.

### Phase Three:

8. **Participation** begins, attend meetings, review documents, etc.
  - a. Participate in monthly or quarterly **meetings**
9. Complete a satisfaction **survey** annually

All applications collected are kept private and confidential. HPA-OHT is committed to accessibility for all persons with disabilities. If you require assistance completing this intake form, please contact [ohr@hpaohr.ca](mailto:ohr@hpaohr.ca)